



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Full Report (All Nutrients) 14414, Alcoholic beverage, liqueur, coffee, 53 proof

Report Date: July 05, 2017 01:50 EDT

Nutrient values and weights are for edible portion.

Food Group : Beverages

Carbohydrate Factor: 3.9 Fat Factor: 8.37 Protein Factor:3.47 Nitrogen to Protein Conversion Factor:6.25

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 fl oz 34.8g	1 serving 52g	1.5 fl oz 52g
Proximates							
Water	g	31.00	1	--	10.79	16.12	
Energy	kcal	336	--	--	117	175	
Energy	kJ	1406	--	--	489	731	
Protein	g	0.10	2	--	0.03	0.05	
Total lipid (fat)	g	0.30	2	--	0.10	0.16	
Ash	g	0.10	2	--	0.03	0.05	
Carbohydrate, by difference	g	46.80	--	--	16.29	24.34	
Fiber, total dietary	g	0.0	--	--	0.0	0.0	
Sugars, total	g	38.30	--	--	13.33	19.92	
Minerals							
Calcium, Ca	mg	1	2	--	0	1	
Iron, Fe	mg	0.06	2	--	0.02	0.03	
Magnesium, Mg	mg	3	2	--	1	2	
Phosphorus, P	mg	6	2	--	2	3	
Potassium, K	mg	30	2	--	10	16	
Sodium, Na	mg	8	2	--	3	4	
Zinc, Zn	mg	0.03	2	--	0.01	0.02	
Copper, Cu	mg	0.040	2	--	0.014	0.021	
Manganese, Mn	mg	0.014	--	--	0.005	0.007	
Selenium, Se	µg	0.4	--	--	0.1	0.2	
Vitamins							
Vitamin C, total ascorbic acid	mg	0.0	--	--	0.0	0.0	

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 fl oz	1 serving	1.5 fl oz
					34.8g	52g	
Thiamin	mg	0.004	2	--	0.001	0.002	
Riboflavin	mg	0.012	2	--	0.004	0.006	
Niacin	mg	0.144	2	--	0.050	0.075	
Pantothenic acid	mg	0.000	2	--	0.000	0.000	
Vitamin B-6	mg	0.000	--	--	0.000	0.000	
Folate, total	µg	0	--	--	0	0	
Folic acid	µg	0	--	--	0	0	
Folate, food	µg	0	--	--	0	0	
Folate, DFE	µg	0	--	--	0	0	
Choline, total	mg	0.8	--	--	0.3	0.4	
Vitamin B-12	µg	0.00	--	--	0.00	0.00	
Vitamin B-12, added	µg	0.00	--	--	0.00	0.00	
Vitamin A, RAE	µg	0	--	--	0	0	
Retinol	µg	0	--	--	0	0	
Carotene, beta	µg	0	--	--	0	0	
Carotene, alpha	µg	0	--	--	0	0	
Cryptoxanthin, beta	µg	0	--	--	0	0	
Vitamin A, IU	IU	0	--	--	0	0	
Lycopene	µg	0	--	--	0	0	
Lutein + zeaxanthin	µg	0	--	--	0	0	
Vitamin E (alpha-tocopherol)	mg	0.00	--	--	0.00	0.00	
Vitamin E, added	mg	0.00	--	--	0.00	0.00	
Vitamin D (D2 + D3)	µg	0.0	--	--	0.0	0.0	
Vitamin D	IU	0	--	--	0	0	
Vitamin K (phylloquinone)	µg	0.0	--	--	0.0	0.0	
Lipids							
Fatty acids, total saturated	g	0.106	--	--	0.037	0.055	
4:0	g	0.000	--	--	0.000	0.000	
6:0	g	0.000	--	--	0.000	0.000	
8:0	g	0.000	--	--	0.000	0.000	
10:0	g	0.000	--	--	0.000	0.000	
12:0	g	0.000	--	--	0.000	0.000	
14:0	g	0.000	--	--	0.000	0.000	

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 fl oz 34.8g	1 serving 52g	1.5 fl oz 52g
16:0	g	0.078	--	--	0.027	0.041	
18:0	g	0.019	--	--	0.007	0.010	
Fatty acids, total monounsaturated	g	0.022	--	--	0.008	0.011	
16:1 undifferentiated	g	0.000	--	--	0.000	0.000	
18:1 undifferentiated	g	0.021	--	--	0.007	0.011	
20:1	g	0.001	--	--	0.000	0.001	
22:1 undifferentiated	g	0.000	--	--	0.000	0.000	
Fatty acids, total polyunsaturated	g	0.105	--	--	0.037	0.055	
18:2 undifferentiated	g	0.096	--	--	0.033	0.050	
18:3 undifferentiated	g	0.008	--	--	0.003	0.004	
18:4	g	0.000	--	--	0.000	0.000	
20:4 undifferentiated	g	0.000	--	--	0.000	0.000	
20:5 n-3 (EPA)	g	0.000	--	--	0.000	0.000	
22:5 n-3 (DPA)	g	0.000	--	--	0.000	0.000	
22:6 n-3 (DHA)	g	0.000	--	--	0.000	0.000	
Fatty acids, total trans	g	0.000	--	--	0.000	0.000	
Cholesterol	mg	0	--	--	0	0	

Amino Acids

Other

Alcohol, ethyl	g	21.7	--	--	7.6	11.3	
Caffeine	mg	26	--	--	9	14	
Theobromine	mg	0	--	--	0	0	